

Infertility Quick Guide

This is a basic outline to follow if you are using **Clomid 50mg** to stimulate ovulation. The doctor may give you different or more specific instructions based on your care plan. PLEASE CALL THE OFFICE WITH ANY QUESTIONS....do not assume! If you need an ultrasound, please call the office by 9:00 a.m of the business day. Please be aware that these appointments are worked-in to the sonographer's schedule. We request that you make your schedule as accommodating as possible.

- Day 1,2,or 3: call for an ultrasound (you have to have an ultrasound prior to starting a new round of medication) Please note, if you start your period on Friday, call the office Monday morning. You can start the medicine on day 4 and take through day 8.
- Day 9: start checking ovulation predictor kits (please check ovulation with first morning urine, like you would do with a pregnancy test)
- Call office for follicle study ultrasound once you have a positive kit change.
- Day 16: IF you have NOT HAD A POSITIVE KIT and already had an the ultrasound, you need to call today for an ultrasound)
- Day 21: you need to have your progesterone checked (this is quick lab work; we do request you call us on day 20 so we can put you on the next day's schedule)
- IF YOU RECEIVE A FOLLICLE RELEASE INJECTION, "trigger shot", you will need your progesterone checked 7days after the shot, regardless what day of your cycle it is.
- Day 28: start checking for pregnancy with any over the counter urine test. Remember to do this the 1st time you empty your bladder.... "1st morning urine". You need to call the office for bloodwork if you have a positive home test.
- Day 35: If you have NOT started your period and are still having negative home tests, please call the office.

Advanced OBGYN

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